

FAQ'S RELATED TO COVID VACCINATION AND DO'S AND DON'TS

1. What are the benefits of getting vaccinated?

- The COVID-19 vaccines produce protection against the disease, as a result of developing an immune response to the SARS-Cov-2 virus.
- Developing immunity through vaccination means there is a reduced risk of developing the illness and its consequences.
- This immunity helps you fight the virus if exposed.
- Getting vaccinated may also protect people around you, because if you are protected from getting infected and from disease, you are less likely to infect someone else.
- This is particularly important to protect people at increased risk for severe illness from COVID-19, such as healthcare providers, older or elderly adults, and people with other medical conditions.

2. Who should get the COVID-19 vaccines?

- The COVID-19 vaccines are safe for most people 18 years and older, including those with pre-existing conditions of any kind, including auto-immune disorders. These conditions include: hypertension, diabetes, asthma, pulmonary, liver and kidney disease, as well as chronic infections that are stable and controlled.
- The following category of people should discuss your situation with your care provider if you:
 - Have a compromised immune system
 - Are pregnant or nursing your baby
 - Have a history of severe allergies, particularly to a vaccine (or any of the ingredients in the vaccine)
 - Are severely frail.

3. Can we stop taking precautions after being vaccinated?

- Vaccination protects you from getting seriously ill and dying from COVID-19.
- For the first fourteen days after getting a vaccination, you do not have significant levels of protection, then it increases gradually.
- For a single dose vaccine, immunity will generally occur two weeks after vaccination.
- For two-dose vaccines, both doses are needed to achieve the highest level of immunity possible.
- However, no vaccine is 100% effective and breakthrough infections are regrettable, but to be expected.
- You should continue COVID-19 Appropriate Behaviour before and after taking the vaccine till you are advised further – SMS (Safe distance, Mask/Face cover, Sanitation – hand and surfaces)

4. Can I have the second dose with a different vaccine than the first dose?

- Currently in India there is not enough data yet to recommend this type of combination.
- It is advised to take the same vaccine as the first dose based on the time interval as in place today.

5. Should I be vaccinated if I have had COVID-19?

- Even if you have already had COVID-19, you should be vaccinated when it is offered to you.
- The protection that someone gains from having COVID-19 will vary from person to person, and we also do not know how long natural immunity might last.
- Currently in India it is recommended to take the vaccine after 3 months of testing positive till 6 months.

6. Does having side effects mean that the vaccine is working? What does having no side effects mean?

- The vaccine stimulates your immune system to protect you from the virus.
- This process can sometimes cause side effects like fever, chills or headache, but not everyone experiences this.
- The presence or magnitude of the reaction you may have vaccination does not predict or reflect your immune response to the vaccine.
- You do not have to have side effects in order to be protected.

7. What medications should be avoided before taking COVID-19 vaccine and for how long?

Currently, there is no such instruction. One can take one's regular medication uninterruptedly. Just inform the vaccinator about the medicines you consume.

8. Is the vaccine contraindicated in person with chronic diseases?

- Chronic diseases and morbidities like the cardiac, neurological, pulmonary, metabolic, kidney and malignancies etc. are not contraindicated.
- In fact, the benefit of COVID-19 vaccines to reduce the risk of severe COVID-19 disease and death is for those who have these comorbidities.

9. What precautions I need to take after receiving the vaccine?

Both the vaccines are safe but in case of any discomfort or complaint, ask the beneficiary to visit the nearest health facility and/or call the health worker whose phone number is given in the Co-WIN SMS received after vaccination.

10. Can I continue my routine work after vaccination?

Yes – there is no problem with continuing immediately after vaccination too.

Source:

a. [https://www.who.int/news-room/q-a-detail/coronavirus-disease-\(covid-19\)-vaccines](https://www.who.int/news-room/q-a-detail/coronavirus-disease-(covid-19)-vaccines)

b. https://www.mohfw.gov.in/covid_vaccination/vaccination/faqs.html



COVID-19 VACCINATION
All You Need to Know About COVID-19 Vaccine
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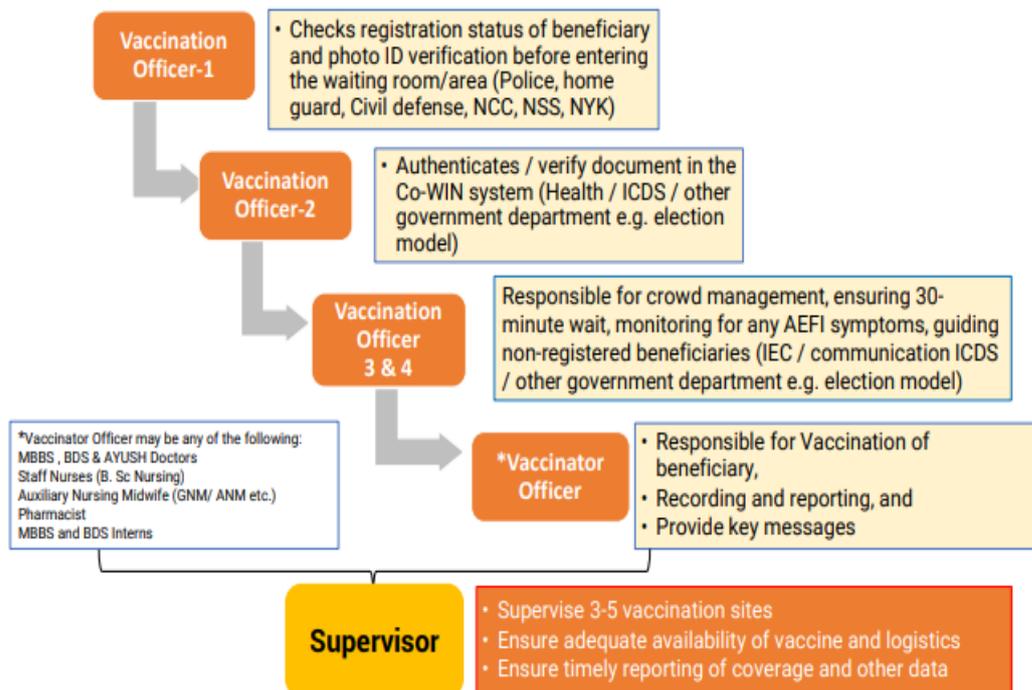
 Registration process will be guided by the mobilisers/volunteers as and when available

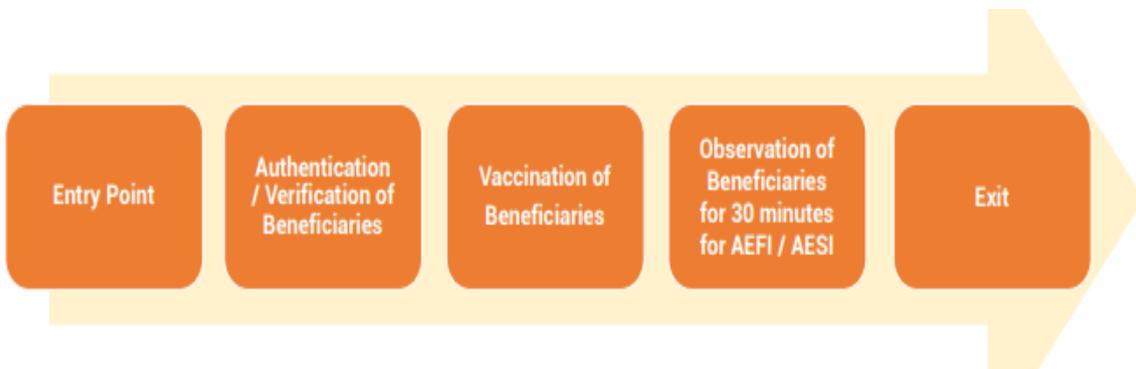
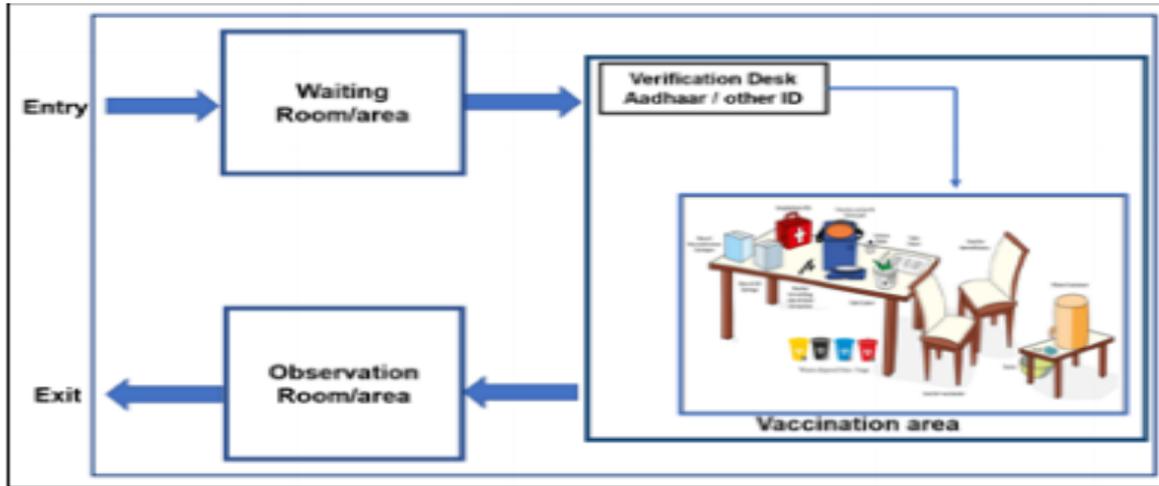
If you are unwell at the time of your second dose of vaccine appointment, **it is better to wait until you have recovered**

 Get the second dose as soon as possible after recovery

 Do not attend vaccination appointment if you are self-isolating, waiting for COVID-19 test or not feeling well

 Complete schedule of the vaccination will reduce chances of a person becoming seriously ill



<https://www.mohfw.gov.in/pdf/COVID19VaccineOG111Chapter16.pdf>